



المطعم  
البراهة  
AL BARAHA RESTAURANT

## À LA CARTE MENU

Arabic, International & Indian specialties

BREAKFAST | APPETIZERS | SOUPS | SALADS  
SANDWICHES | MEAT & POULTRY | FISH & SHELLFISH  
PIZZAS | PASTAS  
DESSERTS | BEVERAGES

 @AlBarahaMenugram

## À LA CARTE - BREAKFAST

### BREAKFAST

#### CONTINENTAL BREAKFAST (V) 70

Choice of Freshly Squeezed Fruit or Vegetable Juices.  
Seasonal Fresh Fruits. Oven-Fresh Morning Bakeries  
or Toast. Selection of Preserves, Honey and Butter.  
Tea or Coffee.

#### FULL INTERNATIONAL BREAKFAST 85

Choice of Freshly Squeezed Fruit or Vegetable Juices.  
Seasonal Fresh Fruits. Oven-Fresh Morning Bakeries  
or Toast. Selection of Preserves, Honey and Butter.  
Two Eggs any Style. Turkey Ham, Beef Bacon  
or Chicken Sausage. Baked Beans, Hash Brown,  
Cherry Tomato. Tea or Coffee.

#### ARABIC BREAKFAST (V) 85

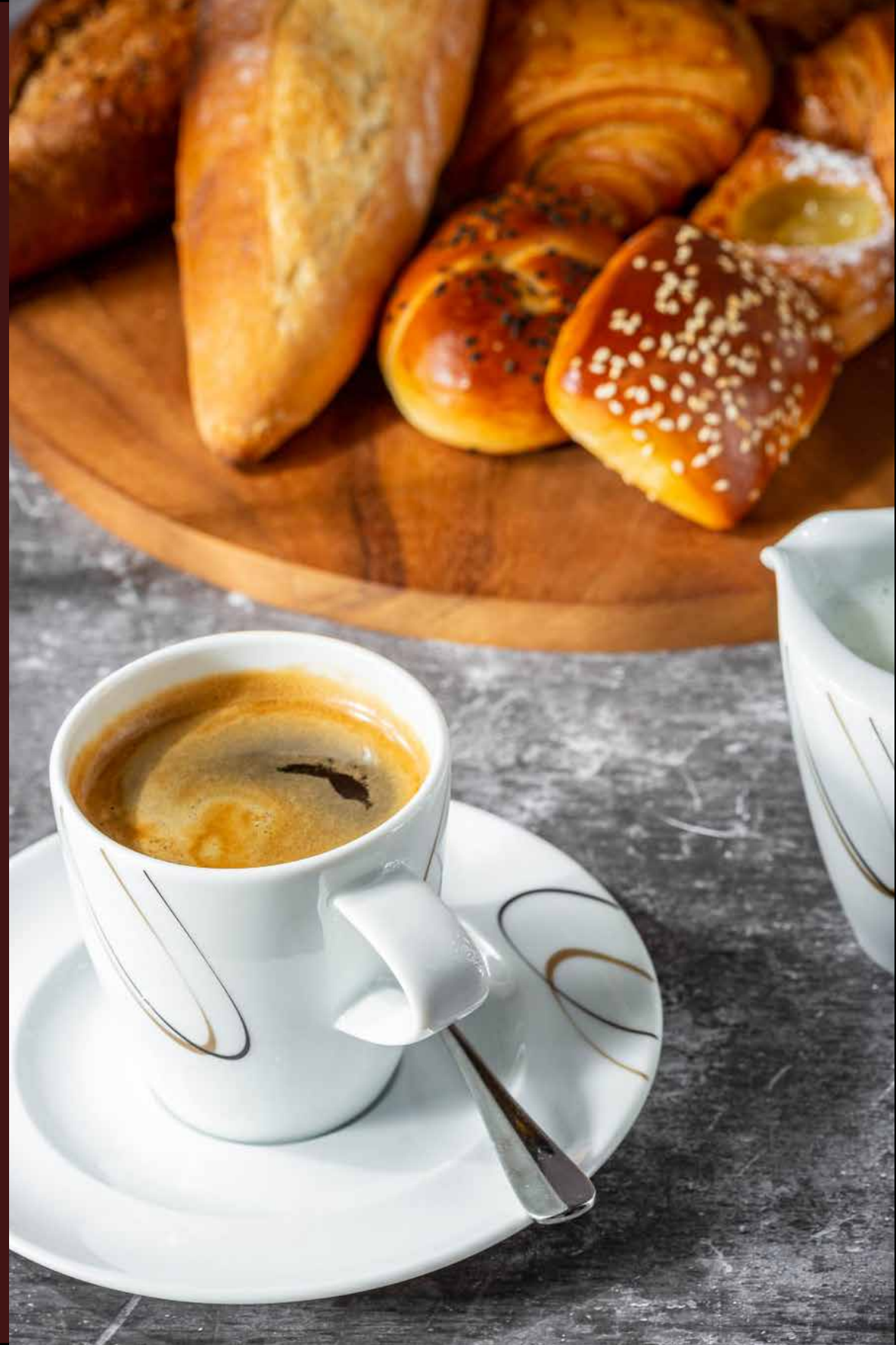
Choice of Freshly Squeezed Fruit or Vegetable Juices.  
Seasonal Fresh Fruits. Arabic Bread,  
Morning Bakeries or Toast. Selection of Preserves,  
Honey and Butter.  
Foul Medames, Hummus, Moutabel, Labneh.  
Two Eggs any Style. Halloumi, Feta Cheese,  
Tomato, Cucumber, Olives. Tea or Coffee.

#### ASIAN BREAKFAST 70

Choice of Freshly Squeezed Fruit or Vegetable Juices.  
Fresh Fruit Platter. Asian Congee with Condiments  
Thai Vegetable Dim Sum. Tea or Coffee.

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(V) VEGETARIAN





## À LA CARTE - BREAKFAST

### BREAKFAST SPECIALTIES

#### CINNAMON FRENCH TOAST (V) 25

Strawberry, Icing Sugar

#### BELGIAN WAFFLES (V) 25

Canadian Maple Syrup

#### BUTTERMILK PANCAKES (V) 25

Canadian Maple Syrup

#### HOT OATMEAL (V) 25

Cinnamon Sugar

#### FOUL MEDAMES (V) 25

Fava Beans, Garlic, Lemon Juice, Olive Oil, Spices

#### SEASONAL FRUIT AND MIX BERRIES (V) 35

Sliced Seasonal Fruits

#### YOGHURT (V) 20

Plain, Strawberry, Vanilla, Cherry, Blueberry or Low Fat.

#### CEREALS (V) 25

Cornflakes, All Bran, Rice Crispies, Choco Pops, Frosties or Muesli Hot or Cold Full-Fat, Low-Fat Or Skimmed Milk

#### BIRCHER MUESLI (V) 25

Shredded Apple, Honey and Berries

#### BAKERY BASKET (V) 25

Choice of Four: Soft Roll Rye Roll White or Whole-Wheat, Toast, Plain Croissant, Chocolate Croissant, Danish Pastry, Arabic Bread.

Selection of Preserves, Honey and Butter.

### EGGS DISHES

#### TWO EGGS, ANY STYLE 40

With Accompaniments

Chicken Sausage, Beef Bacon, Potato Hash Brown, Grilled Cherry Tomato, Sautéed Mushroom or Baked Beans

#### THREE-EGG OMELETTE 45

Turkey Ham, Smoked Salmon, Sautéed Mushrooms, Cheese, Tomato or Spring Onions

#### SIDE ORDER 15

Beef Bacon | Chicken Sausage | Sautéed Mushrooms  
Baked Beans | Hash Brown Potato

*Scrambled Egg and Omelette Can Also Be Prepared with Egg Whites Only*

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## À LA CARTE - ARABIC

### COLD APPETIZER

<b>HUMMUS (V)</b>	35
Velvety Purée of Freshly Boiled Chickpeas with Tahini	
<b>MOUTABEL (V)</b>	35
Char-Grilled Eggplant with Tahini and Pomegranate	
<b>TABBOULEH (V)</b>	35
Chopped Parsley and Mint with Fresh Tomato, Bulgur, Olive Oil and Lemon	
<b>FATTOUSH (V)</b>	35
Chopped Lettuce, Tomato, Cucumber, Capsicum, Radish, Mint, Rocket, Crispy Pita, Lemon, Pomegranate Molasses	
<b>LABNEH (V)</b>	35
Lebanese Dried Yoghurt	

### HOT APPETIZER

<b>CHEESE REKAKAT (V)</b>	35
Akawi Cheese and Parsley Wrapped In Filo Dough	
<b>CHEESE SAMBOUSEK (V)</b>	35
Traditional Lebanese Pastry Stuffed with Mixed Cheese, Shallots and Parsley	
<b>MEAT SAMBOUSEK</b>	35
Traditional Lebanese Pastry Stuffed with Minced Lamb and Pine Nuts	
<b>SPINACH FATAYER (V)</b>	35
Pastry Filled with Spinach, Onions and Pine Nuts	
<b>LAMB KIBBEH</b>	35
Bulgur Dumplings Filled with Minced Lamb, Pine Nuts and Arabic Spices	

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## À LA CARTE - ARABIC

### SOUP

**LENTIL SOUP (V)** 35  
Cooked in Cumin, Olive Oil, Croutons, Lemon Wedges

### SANDWICH

**CHICKEN SHAWARMA** 50  
Rolled in Markouk, Served with Garlic Sauce and Mixed Pickles



### MAIN COURSES

**SHISH TAOUK** 65  
Marinated Grilled Chicken In Yogurt and Arabic Spices, Onions, Tomatoes, Lemon, Red Pepper, Tahini Sauce

**MIXED GRILL** 115  
Lamb Kebab, Kofta Kebab, Shish Taouk, Lamb Chops, Grilled Vegetables, Oriental Rice, Shatta and Tomato Sauce

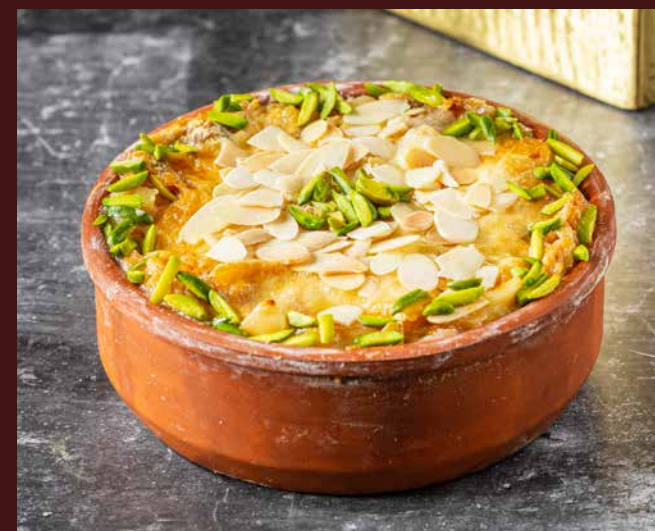


### DESSERTS

**UM ALI** 30  
Puff Pastry, Baked with Fresh Cream

**RICE PUDDING** 30  
Vanilla Infused, Pistachio, berries

**AL NAJADA** 40  
Sponge Cake with Saffron and Rose Cream



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## À LA CARTE - INTERNATIONAL

### SOUP

<b>MUSHROOM SOUP (V)</b>	35
Fresh Mushrooms, Crispy Onions, Garlic Croutons	
<b>ROASTED TOMATO SOUP (V)</b>	35
Semi-dried Tomato, Baby Mozzarella, and Croutons	

### SALADS

<b>MIXED GARDEN SALAD (V)</b>	45
Lettuce, Cucumber, Tomato, Carrot, Radish, Feta Cheese, Olive Oil and Lemon Dressing	
<b>CAESAR SALAD</b>	45
Romaine Lettuce, Parmesan Cheese, Beef Bacon, Herb Croutons, Caesar Dressing	
<b>WITH CHICKEN</b>	55
<b>WITH PRAWNS</b>	60
<b>BEETROOT SALAD (V)</b>	45
Beetroot, Blue Cheese, Rocca, Crispy Onion, Caramelized Walnut, Balsamic Dressing	
<b>FRESH MOZZARELLA &amp; TOMATOES (V)</b>	45
Basil, Olive Oil, and Aged Balsamic Vinegar	
<b>WITH BRESAOLA</b>	65

### APPETIZERS

<b>CHICKEN WINGS</b>	50
Celery and Carrot, Choice of Blue Cheese, BBQ or Ranch Sauce	
<b>CHEESY POTATO (V)</b>	35
Croquettes Fry with Panko, Basil Sauce	
<b>CRISPY SHRIMPS</b>	60
Jumbo Shrimps In Panko, Sweet and Sour Sauce	
<b>COCKTAIL SHRIMPS</b>	60
Cucumber, Daikon, Avocado and Pineapple, Cocktail Sauce	
<b>GREEN ASPARAGUS SALAD</b>	45
Beef Bacon, Croutons, Egg Yolk Confit, Cilantro and Cherry Vinaigrette	

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## À LA CARTE - INTERNATIONAL



### SANDWICHES

Served with Your Choice Of French Fries or Green Salad

#### CHICKEN BURGER 60

Fried Chicken Fillet, Tomato, Lettuce, Melted Cheese, Fried Onion, Avocado, Sriracha Mayonnaise, Sesame Seed Bun

#### BEEF BURGER 70

Beef Angus, Salad, Tomato, Beef Bacon, Caramelized Onions, Gruyere Cheese, Pickled Cucumber, Brioche Bun

#### SMOKED SALMON MULTI-SEED BAGEL 60

Avocado, Cream Cheese, Red Onion, Rocca, Capers, Tomatoes

#### CLUB SANDWICH 55

Grilled Chicken Breast, Beef Bacon, Turkey Ham, Lettuce, Tomato, Boiled Egg, Mayonnaise

### MEAT FROM THE GRILL

#### BEEF TENDERLOIN 115

Grade A, U.S. Black Angus

#### LAMB CHOPS 105

Your Choice of Sauce: Herbs Demi Glaze, Peppercorn, Mushroom



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## À LA CARTE - INTERNATIONAL



### FISH & SHELLFISH

#### ATLANTIC SALMON 95

Grilled Asparagus, Carrot, Daikon,  
Orange Ginger Soy Sauce

#### SHRIMP 90

Creamy Sauce, Garlic, Fresh Herbs, Tomatoes,  
Basmati Rice

### SIDES

#### STARCH (V)

French Fries 25

White Rice 20

Mashed Potato 25

#### FROM THE MARKET (V)

Sautéed Vegetables 30

Buttered Asparagus 35

Sautéed Mushrooms 30

Steamed Broccoli 30



### INDIAN FAVOURITES

#### VEGETABLE BIRYANI (V) 60

Biryani Rice Mixed with Vegetable Masala, Raita

#### WITH CHICKEN 65

#### WITH LAMB 70

#### BUTTER CHICKEN 65

Marinated Chicken Breast, Masala Spices, Cream

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## À LA CARTE - INTERNATIONAL



### FRESHLY MADE PASTA

*Your Choice of Spaghetti, Spinach Ravioli or Rigatoni*

<b>NAPOLETANA (V)</b>	55
Classic Tomato Sauce with Basil	
<b>BOLOGNESE</b>	55
Hearty Meat Sauce	
<b>ARRABBIATA (V)</b>	55
Spicy Tomato Sauce	
<b>PANNA E FUNGHI (V)</b>	60
Creamy Mushroom Sauce	

### PIZZA

<b>MARGHERITA (V)</b>	60
Tomato Fresh Mozzarella and Basil	
<b>SHRIMP</b>	70
Shrimp, Rocca, Zucchini, Tomato Sauce and Mozzarella	
<b>BRESAOLA</b>	80
Mushrooms, Rocca, Asparagus, Tomato Sauce and Mozzarella, Truffle Oil	
<b>BTG</b>	65
Beef Bacon, Turkey Ham, Roasted Sweet Garlic, Semi Dried Cherry Tomatoes, Rosemary And Oregano, Mozzarella Cheese	
<b>QUATTRO FORMAGGI (V)</b>	65
Mozzarella, Goat, Blue, and Tallegio Cheese	



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## À LA CARTE - INTERNATIONAL

### DESSERTS

#### PARADISE TASTE OF ICE CREAM 30

3 Scoops of Ice Cream

#### MIXED FRUIT PLATE 30

According to The Season

#### CREME BRULEE 35

Ultra-Melting Caramelized Cream, Tuile Crumble and Berries

#### WARM CHOCOLATE FONDANT 35

Chocolate Ice Cream, Chocolate and Vanilla Sauce

#### TIRAMISU 35

Tiramisu Cream Cheese Mascarpone, lady finger, Vanilla and Coffee

#### CHEESECAKE 30

Double Cheesecake Cold and Bake  
Garnished with Strawberry Coulis



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## À LA CARTE - CHILDREN'S MENU

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### MAIN COURSES

#### CREAM OF MUSHROOM SOUP (V) 25

Wild Mushroom Puree with Croutons

#### CHICKEN NUGGETS 35

Served with French Fries

#### MINI BEEF BURGERS 45

Beef Patty, Cheddar Cheese, Tomato, Lettuce and French Fries

#### VEGETABLE SANDWICH (V) 30

Cheddar Cheese, Lettuce, Tomato, Cucumber and French Fries

#### SPAGHETTI OR PENNE 35

Choice Of Sauce:

Mushroom (V) | Cheese Cream (V)

Tomato Basil (V) | Bolognese

### DESSERTS

#### Fruit Salad 25

Seasonal Fruits

#### Selection Of Ice Creams 25

Vanilla, Chocolate or Strawberry

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## À LA CARTE - BEVERAGES

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### MINERAL WATER

	Small	Large
STILL WATER	25	35
SPARKLING WATER	25	35

### CUP OF COFFEE

AMERICAN COFFEE	25
SINGLE ESPRESSO	25
MACCHIATO	25
DOUBLE ESPRESSO	30
FLAVOURED CAPPUCCINO OR LATTE (Vanilla, Caramel, Mocha)	30

HOT CHOCOLATE	30
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*All Coffees Can Be Prepared With Decaffeinated Beans*

### POT OF TEA 25

English Breakfast | Earl Grey | Jasmine  
Peppermint | Chamomile | Blackcurrant  
Hibiscus | Fresh Ginger Tea With Honey  
Green Tea | Homemade Red Tea

### SOFT DRINKS 30

Coca Cola | Coca Cola Light | Sprite  
Fanta | Ginger Ale | Soda Water

### ENERGY DRINKS 35

Red Bull  
Red Bull (Sugar Free)

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## À LA CARTE - BEVERAGES

### FRESH JUICES 30

Grapefruit | Orange | Pineapple | Apple  
Watermelon | Carrot | Cucumber | Celery  
(or any combination)

### MOCKTAILS 35

#### FRUIT MOJITO

Classic mojito with choice of fruits:  
Strawberry, blueberry, apple or orange

#### BLUE PASSION

Passion fruit, blue curaçao, Apple juice, soda water

#### VIRGIN PINACOLADA

Pineapple Juice, Coconut Milk, Fresh Cream & Sugar Syrup

#### GARDEN ICED TEA

Peach, apple, honey or lemongrass

#### MIXED WITH LEMON

Mint, strawberry or soda

#### AL BARAHA REFRESHER

Raspberry & Strawberry, Lemon Grass With  
Lemonade.

#### FROZEN CITRUS REFRESHER

Kiwi, Pineapple, Lemon With Sugar Syrup

#### GINGER LEMONADE

Fresh Ginger Juice, Lemon, Sugar Syrup With  
Lemonade

### CHILLED JUICES 25

Apple | Cranberry | Tomato

### SMOOTHIES 40

#### POWER FULL AVOCADO

Avocado, milk, dates, pistachio, vanilla ice cream

#### FRUITY ALONE

Banana and strawberry with yogurt and milk

### MILKSHAKES 40

Banana | Strawberry | Chocolate



### ICED TEA PITCHER 65

Peach, Ginger or Classic Iced Tea



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